



FALL 2026
WEEKLY PROGRAMS
at IDYLLWILD TOWN HALL
(25925 Cedar St.)

ALL ICC FITNESS CLASSES ARE FREE OF CHARGE
(DONATIONS GLADLY ACCEPTED)

MONDAYS

TAI CHI 10:30 am - 11:30 am
CHAIR EXERCISE 12:00 pm - 1:00 pm
Senior Cabaret Reh. 6:30 pm - 7:30 pm

TUESDAYS

FIT AFTER 50 10:00 am - 11:00 am

WEDNESDAYS

(New Class Added)*

YOGA for Seniors* 10:30am - 11:30am (starting Oct. 7th)
CHAIR TAI CHI 12:00pm - 1:00pm
Senior Cabaret Reh. 6:30 pm - 7:30 pm

THURSDAYS

FIT AFTER 50 10:00 am - 11:00 am

FRIDAYS

TAI CHI 9:45 am - 10:30 am
YOGA for SENIORS 10:45 am - 11:45 am
CHAIR EXERCISE 12:00 pm - 1:00 pm

SUNDAYS

IDYLLWILD FARMERS MARKET 9:00 am - 2:00 pm

Want to exercise your brain? Inquire about the ICC Chess League!

(951) 659-2638 / info@idyllwildcommunitycenter.org
Scan the QR Code to go to our main website.

